Robins AFB GA
Integrated Delivery System
Resources For Building A Healthy Community

JULY 2004

FAMILY SUPPORT CENTER STAFF

Director
Christine Parker

Superintendent
MSgt E.J. Jackson

Computer Systems Manager
MSgt John Cook

Family Readiness
TSgt Caroline J. Newell

Family Support Clerk
Lorine Hoges

Lead Community Readiness Consultants
Kaye Mullis
Daniel Wells

Community Readiness Consultants
Cindy Graver
Bill Heaberg
Douglas Jones
Gene Kirkland

Community Readiness Technicians
Leawanna Abernathy
Janice Barnes
June Bradley
Jim Brewer

Activities
Air Force Aid
Airmen's Attic
Career Focus/Employment Assistance
Family Readiness
Family Services
Information & Referral
Personal Financial Management
Relocation Assistance
Transition Assistance
Volunteer Resources

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AIR FORCE AID SOCIETY Is a non-profit, charity organization that helps the Air Force take care of its own in emergencies through interest-free loans or grants for basic needs. For additional information contact the Family Support Center, 926-1256		Pre-deployment Briefings Pre-Deployment Briefing are offered twice weekly by the FSC Readiness Team. Briefings are conducted at 0830 Monday & Friday in Bldg. 945, Family Support Center Annex. Call 926-3453 for details			2	***Health & Wellness (HAWC)*** Weight Loss Fitness Fundamentals 1100-1300-13,27 July Tobacco Cessation/Support 1130-1230 1,8,15,22,29 July 1630-1730 20,27 July Diabetes Self Management 0815-1215 19,26 July 1445-1700 15 July Under Pressure: Dash 0845-1130 21 July Healthy Heart 0845-1130 8 July 1445-1700 15 July Stress Management 1100-1215 13 July Prepared Childbirth 1830-2030 6,13,20,27 July For Additional Information Call 327-8480
4	5 ***Holiday FSC Closed***	6 **Passport to Parenthood** **Family Advocacy 327-8430**	7	8 **How To Apply For A Federal Job** 0900-1100 Bldg. 905, Room 246	***Did you know*** **Morale calls are available to immediate family members (dependents) of a military member or a DoD civilian. The military member or DoD civilian receiving the call must meet at least one of the following conditions:** **1. In an unaccompanied status overseas.** **2. At a remote geographic location.** **3. On temporary duty for more than 14 days.** **For more information about this program contact the Family Support Center at 926-1256.**	
11 **Sponsorship Training** **12 July** 0900-1030 Bldg. 945, FSC Annex	12 **Department of Labor (DoL) Transition Workshop** (12-14) *Smith Community Center Ballroom* 0830-1630 *Limited space remaining in July class*	13	14 **Smooth Move** 0830-1200 Bldg. 905, Room 159 **Anger Management** **Family Advocacy 327-8427**	15 **Mom's Support Group 1000** **Family Advocacy 327-8430** **Federal Resume Workshop** 1330-1600 Bldg. 945, FSC Annex	16 **Home Buyer's Seminar** 1300-1600 Bldg. 905, Room 127	
18 Robins AFB Georgia Quality Of Life Family@robins.af.mil	19 Visit our Web Site @ www.robins.af.mil/fsc	20	21 **Community Tour** 0830-1400 *meet at FSC* **Resume And Cover Letter** 0900-1100 Bldg 945	22 **Interviewing Basics** 1300-1530 Bldg. 905, Room 138 **Jr. Smooth Move** 1600-1730 Bldg. 945, FSC Annex	23	
Register early for FSC classes *many are subject to cancellation if advance registration is insufficient*	26 **Parents & Tots Playgroup 0930-1030** **Family Advocacy 327-8427**	27 **Pre-TAP** 1300-1500 Bldg. 905, Room 141	28 **Bundles For Babies and Infant Care** 0800-1200 Bldg. 827, *HAWC class room* **The Spouse's Connection** 0900-1100 Bldg. 945, FSC Annex	29 **Interviewing Strategies** 1300-1530 Bldg. 905, Room 138 **Sponsorship Training** 1400-1530 Bldg. 945, FSC Annex	30 **Money & Credit Mgt. Workshop** 1300 -1600 Bldg. 905, Room 127	

Family Services
795 Macon Street welcomes & accepts serviceable donations 0730 -1630 Mon-Fri

The following Family Support Center sponsored classes, workshops, and seminars are open to all Team Robins members. Absences from duty sections are the responsibility of the employee to coordinate with his/her supervisor. Advance registration is necessary for all FSC offerings, and can be made by calling 926-1256.

How to Apply For A Federal Job: *8 July, 9 – 11 a.m., Bldg. 905, Room 246*
Federal employment uses a different hiring system than the civilian sector. The "How to Apply for a Federal Job" workshop helps to increase hiring possibility by educating personnel about the variety of federal jobs, the qualifications and the classification process, and the steps involved in applying for these jobs.

Department of Labor (DoL) TAP Workshop: *12-14 July, 8:30 am – 4:30 pm, Smith Community Center Ballroom*
Targeted toward personnel and their spouses who are planning retirement or separation. Workshop topics include Job Search Skills, Resume and Cover Letters, Interviewing Skills, Career Planning, Veterans Benefits, Disabled Veterans Issues, and much more. Reservations are taken on first-come, first-serve basis within the appropriate separation or retirement date.

Sponsorship Training: *12 July, 9 – 10:30 a.m., Bldg. 945, Family Support Center Annex*
29 July, 2 – 3:30 p.m., Bldg. 945, Family Support Center Annex
This class is designed to assist sponsors, both beginners and experienced, in being more effective. Areas covered include, learning the types of information to send an inbound PCS'ing member and where to obtain it, different ways to communicate with the member and his/her family, and much more.

Smooth Move Workshop: *14 July, 8:30 a.m. – 12 noon, Bldg. 905, Room 159*
Representatives from various base agencies, including the Military Personnel Flight, Transportation, Finance, and the Housing Office provide pertinent PCS information and provide useful tips to make your PCS move a smooth one. Participants are provided helpful handouts.

Federal Resume Workshop: *15 July, 1:30 – 4 p.m., Bldg. 945, Family Support Center Annex*
Many transitioners seek federal employment when they leave active duty. This class is aimed at helping military personnel prepare a better document to meet the specific and unique requirements when applying for federal employment.

Community Tour: *21 July, 8:30 a.m.– 2 p.m., Meet At Family Support Center, Bldg. 794*
Tour is designed to help the newcomer become acclimated with the local area.

Resume & Cover Letter Class: *21 July, 9 – 11 am, Bldg. 945, Family Support Center Annex*
This workshop is designed to help the beginner get started and provide the more advanced participant the opportunity to improve their product.

Interviewing Basics*: 22 July, 1 –3:30 p.m., Bldg. 905, Room 138*
This session provides general information on the interview process and its role/importance in the job search; types of interviews; the purpose of each and what to expect from them, and preparation for the interview, including dress.

Jr. Smooth Move: *22 July, 4 – 5:30 p.m., Bldg.794, Family Support Center*
Designed for children of military and DoD civilians on the move. Kids 6-12 years old learn about their new PCS location through the use of games, maps and activities.

Home Buyer's Seminar: *23 July,1300-1600, Bldg. 905, Room 127*
This workshop is designed to take some of the confusion and uncertainty out of the home-buying process. This comprehensive workshop will cover topics such as: Building wealth through ownership, after-tax benefits of home ownership, the role of the real estate salesperson, determining a comfortable price range for the borrower, the ins and outs of mortgage financing, understanding the purchase contract, etc.

Pre-TAP: *27 July, 1 – 3 p.m., Bldg. 905, Room 141*
The Transition Assistance program is offering a briefing for personnel and their spouses who are within 1-3 years of separation/retirement.

Bundles For Babies & Infant Care: *28 July, 8 a.m. – 12 noon, Bldg. 827, HAWC classroom*
Specifically designed for all Active Duty Air Force families preparing for a new baby. Discussions cover early childhood development, attachment, infant care, practical preparation for a new baby. Air Force Aid provides a layette for each family attending.

The Spouse's Connection: *28 July, 9 – 11 a.m., Bldg. 945, Family Support Center Annex*
Tired of staying home? Need to get out? Want to make new friends? We have just the thing you are looking for. Let's "Get Together" for conversation, laughter, and a bit of fun and refreshments. Come and learn about the fun things there are to do in Middle Georgia and make a new friend in the process.

Interviewing Strategies: *29 July, 1 –3:30 p.m., Bldg. 905, Room 138*
This session provides information on appearing for the interview and how to conduct yourself during the interview. Post interview evaluation, follow-up, including responding to rejection.

Money & Credit Management Workshop: *30 July, 1 - 4 p.m., Bldg. 905, Room 127*
A comprehensive workbook is provided in this workshop, with information on credit management, debt reduction, and consumer rights. Assistance will be given in budget and savings plan development to help ensure financial goals are realized.

Family Support Center

Robins AFB

Calendar of Events for

JULY 2004

Serving all Single and Married Active Duty, DoD Civilian Personnel and their Eligible Family Members, to include Guard and Reserve Members while on Active Duty, other Eligible Uniformed Members, Military Retirees, and their Eligible Family Members.

Family Support Center
725 Ninth Street
Bldg. 794
Mon-Fri, 0730-1630
(478) 926-1256
FAX: (478) 926-2361

Relocation Assistance
&
Volunteer Resource Program
795 Macon Street
Bldg.945
Mon-Fri, 0730-1630
(478) 926-3453
FAX: (478) 926-4063

Family Services
Loan Closet
795 Macon Street
Bldg.945
Mon-Fri, 0730-1630
(478) 926-6648
FAX: (478) 926-4063

Airmen's Attic
795 Macon Street
Bldg. 945
Mon-Fri 0730-1630
(478) 926-3453
(478) 926-4799